

## ***The war within script***

- 0:00-0:17      Wandering, I am walking aimlessly, confused in all directions, not sure exactly where I am, where I am going or who I am. I feel alone. Everything is bare all around me, cloudy and dull.
- 0:18-0:32      Looking up I see nothing, looking down I only see my feet walking through this emptiness, this solitude, looking towards the right looking towards the left, I feel lost. The polarity of my mind is pulling me in all directions, I cannot think straight.
- 0:33-0:47      At a distant, I see something, it's pulling me, it's another world. My heart is beating faster and faster, I feel something near me but I cannot determine what it is, it is pulling me down, under, the air is getting heavy, I cannot breathe.
- 0:48 -1:02      I fall into a hole, it is pulling me deeper and deeper into a narrow cold, crevice. I am in a void. I feel like an astronaut lost in space, the walls caving in on me, no way out. I am vulnerable, I am weak with fear.
- 1:03-1:17      I see a light flicking, I run towards it, it is a maze, I am falling and falling. The light is pulling me towards it.
- 1:18-1:26      Suddenly, I'm in the sea the waves are big, I am struggling with the waves, they cover my head, I'm drowning.
- 1:27-1:41      A whirlpool of water appears, it pushes me up, higher and higher out of the waves and onto the ground. I am cold, wet, confused, in abyss. I start running and running and running, stumbling and trying to hold my balance. I am lost in this barren world. There is something in front of me, the air is lighter, it is getting brighter and brighter.

1:42-2:45      Unexpectedly the light appears again, stronger this time, I cannot bear to look at it, my eyes hurt. A portal opens in front of me. I take a step forward into a sea of blue, green, purple and pink flowers giving off their fragrances. I am walking towards this radiant light. There are many more lights, all around me, floating in the air. What celestial beings are these paving my way? I run with them, they pick me up and I am flying through the air.

2:46            I wake up from my dream